



## Gratitude

If you woke up this morning  
with more health than illness,  
you are more blessed than the  
million people around the world  
that won't survive the week.

If you have never experienced  
the danger of battle,  
the loneliness of imprisonment,  
the agony of torture or  
the pangs of starvation,  
you are ahead of 20 million  
people around the world.

If you have food in your refrigerator,  
clothes on your back, a roof over  
your head and a place to sleep,  
you are richer than 75% of this world!

If you have money in the bank,  
in your wallet, and spare change  
in a dish someplace, you are among  
the top 8% of the world's wealthy!!

If you hold up your head with a smile  
on your face and are truly thankful,  
you are blessed because the majority  
can, but most do not.

If you can hold someone's hand, hug  
them or even touch them on the shoulder,  
you are blessed because you can  
offer God's healing touch.

If you can read this message,  
you are more blessed than over  
two billion people in the world  
that cannot read anything at all!!!!